



## Policies and Procedures

*(Subject to change without notice)*

### Training / Games

- For players under the age of 18, it is the parent/guardians responsibility to escort their child to and from events, the court for training and games.
- Players are to ensure they arrive 10 minutes prior to training start time, and 30 minutes prior to scheduled game time for a warm up either on court or at a suitable location deemed by the Coach.
- Games are generally played on Saturdays at Bouncer in Joondalup for Indoor and JNA in Joondalup for Outdoor. Times will vary dependent on age group/division and venue.
- All players are expected to attend weekly training sessions and be available for games on Saturdays unless your games fall on a different day. Training is only cancelled at the team coaches' discretion. *(Coaches will always have the best interest of the players in mind. In general, training will go ahead in rain, however will be cancelled for lightning. The coach will make these decisions and inform the team themselves or through the team manager.)*
- Please note no two coaches are the same. They will all have their own methods, style and personality. Remember they are volunteers.
- Training days and times will be negotiated by the Coach and Manager with the parents of the team. If a suitable location that is free to use isn't available then a small additional fee for court time may need to be paid to enable training to go ahead.

### Court Time

- **General games (not finals)**  
During the season every effort is made by our coaches to give fair court times to each individual player. Although missing training sessions, games, discipline issues and injury/illness will affect court time.
- Players will miss training from time to time; this in general means a half game for the following game. Although all cases are reviewed individually. Recovery from illness would also mean a half game if the coach believes the players is able to play at all.
- Coaches may be restricted with options to cover all three areas on court (*Shoot, midcourt, defence*) and to sub evenly. Some players may receive more court time than others; Coaches will aim to give the minimum court time of  $\frac{3}{4}$  providing no other circumstances.
- As Northern Jaguars is a club that encourages a fun approach to their games, its important coaches give fair court time to all players.
- **Finals**  
*(Please note finals are played for most teams but not always for our younger teams)* During finals NJNC guarantee players minimum court time. Semi and preliminary finals each player is guaranteed to play three quarters of the game. Grand finals each player is guaranteed half a game. Players, who have missed training/games, are injured/ill, or subject to discipline issues will not be guaranteed minimum court time.
- Please note State, Regional and Association team placement of a NJNC player may mean the player is unable to attend scheduled training and games with NJNC if the required State, Regional and Association training/games times clash. It is the coaches' discretion to what court time is then allocated to the player.



## Fees

- Fee cost for NJNC can be located on our website [www.njnc.com.au](http://www.njnc.com.au) these are subject to change without notice.
- Players are not eligible to play until full fees have been paid.
- Indoor players extra fees may be involved if a coach has chosen to train at a venue where a cost to hire the court is involved.
- No refund of fees is given once the first game of the season has been played. An exception to this is if a season ending injury/illness occurs prior to game 3, then a partial refund of fees may be granted once costs have been covered.
- Discount on fees is offered to team coaches, managers and committee members.

## Uniforms

- NJNC uniform purchase information can be found on our website [www.njnc.com.au](http://www.njnc.com.au)
- Players are to take the court wearing a NJNC playing dress. No leggings or sleeved tops underneath unless for medical/religious reasons. (*Please provide a medical certificate at time of registration if required to wear for medical reasons*).
- Black netball shorties are allowed underneath the playing dress, providing they are not longer than the dress.
- Compression calf sleeves are permitted.
- Appropriate Sports wear is to be worn to all training sessions
- Appropriate netball shoes are to be worn at all times while training and playing for NJNC. No casual footwear permitted.

## General Information

- Positions are at the coach's discretion. Some coaches will rotate players through positions, others may keep players to the same positions.
- During training players are to have water bottles on the side of the court and no parents are allowed on court during training.
- Water bottles for the game are to be all kept together with the manager.
- At bib change during the game, players are to remain with the coach and manager not wander off to parents.
- NJNC have a duty of care until the players have been released after their post game debrief with the coach.
- It's important for coach and managers to know where their players are at all times as they have a duty of care.
- Coach and Manager (Or Designated person if one is absent that week) can complete bib change only
- Encouragement from the spectators is wonderful. However please leave the coaching to the coach as this can become very distressing for the players with too many different instructions.
- If a player is injured and the coach deems necessary a medical certificate giving clearance to play netball will be required. While Netball is a "non contact sport", it is important to understand that it really is a semi contact sport so your medical clearance will need to say **cleared to/fit to play netball**. All of this is in benefit to the player and their health and safety. Coach and Managers have a duty of care and code of conduct they have to follow to ensure they do the best by the players and the team as whole.
- The umpire is always right. Even if players/coach/manager/parents disagree we must encourage the players to play on and accept the umpires decision. (If you wish to make a



complaint then please tell your Manager, who will contact the clubs liaison to action anything with the venue where your games are played)

- If a players requires medication (*including puffers, panadol, nurofen*) prior to a game or during a game, the coach or manager need to make note of this. The players are under there care and in the event medical help is required they need all information possible to help medical staff assist the player quickly and efficiently.

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### **Grading/Team Placement**

- NJNC are represented by teams competing in both winter and spring seasons of netball.
- Grading is done as a team by the venue you play at.
- NJNC do not conduct individual grading per player as, as a club we encourage playing with your friends.

### **Coaches and Managers**

- NJNC Coaches and Managers are expected to act with integrity at all times.
- It is expected that Coaches and Managers are fair to all players, give equal court time.
- It is expected that Coaches and Managers – whilst training and attending games encourage the players with positive feedback and constructive feedback. Many of NJNC players are young and this is the time that they develop a love for netball and NJNC expects coaches to behave in a manner that encourages a positive environment for all our players.
- NJNC expects our coaches and Managers to embrace netball and promote a players intrinsic passion for the sport as they develop into the player they are to become.
- NJNC expects coaches and Managers to understand that each player develops at a different rate and different way to others and therefore must use different methods of training and coaching to enable all players to thrive.